

### **QUICK SILVER (“The Beginner”)**

2 hours

30-minute Express Body Polish  
60-minute Swedish Massage  
30-minute Express Facial  
Spa Refreshment

### **MERCURY (“Intermediate”)**

3 hours

30-minute Aching Foot Relaxer  
30-minute Express Body Polish  
60-minute Mountain Recovery Massage  
60-minute The Spa Signature Facial  
Spa Refreshment

### **T-Bar (“Experienced”)**

4 hours

30-minute Express Body Polish  
30-minute Express Detoxifying Body Wrap  
60-minute Hot Stone Massage  
60-minute The Spa Signature Facial  
60-minute Tired Hands & Aching Foot Relaxer  
Spa Refreshment

### **IMPERIAL (“Extreme”)**

5 hours

90-minute Intense Nourishment Body Treatment  
90-minute Deep Tissue Massage  
60-minute The Spa Signature Facial  
30-minute Aching Foot Treatment  
30-minute Nourishing Rose Hand Treatment  
Spa Refreshment