

HAND & FOOT TREATMENTS

HAND TREATMENT ^{AA}

20 minutes

A carefully selected combination of restorative oils deeply nourishes rough, dry hands leaving them soft, smooth and comfortable.

Your hands are immersed in a warm, aromatic soak of fragrant aromatic essential oils chosen to ease stress and refresh the mind. A natural and hydrating scrub then prepares the hands. Using Swedish style massage techniques, the lower arms are layered in hydrating gel and deeply nourishing oils and creams.

Hands and arms feel smooth, soft and deeply moisturized.

■ DE-STRESS

■ REVIVE

■ ENRICH

■ RENEW

FOOT TREATMENT ^{AA}

30 minutes

A carefully selected combination of restorative oils soften and smooth out of condition, dry feet.

A carefully selected combination of restorative oils deeply nourishes rough, dry feet to leave them feeling soft, smooth and comfortable. A natural, hydrating scrub exfoliates dead skin cells and prepares the skin for the treat to follow. A hydrating gel is applied. Layers of oils and creams are then massaged into the skin to deeply nourish.

Lower legs and feet feel soft, smoothed and refreshed.

■ DE-STRESS

■ REVIVE

■ ENRICH

■ RENEW

MUD MASK UPGRADE ^{AA}

To experience the ultimate hydration, upgrade your hand or foot treatment with a nourishing white clay mud mask.